



Diagnosis and Management of Craniofacial and Sleep Disorders

Balancing the Occlusion, TMD and Airway Triad

3 Days with Dr Noshir Mehta
March 1st-3rd 2012 Melbourne Australia



Dr Noshir Mehta

He is head of the Craniofacial Pain Centre at Tufts University Boston, one of the largest institutions of its type in the US, dedicated to treating craniofacial, sleep, and headache disorders. He has been treating patients with facial pain for over 30 years and will be presenting his lecture and hands-on clinical workshop.

Most people will experience facial pain at some point in their lives, and dentists are often involved in its diagnosis and treatment. In the past our standard response has been to put some plastic between the teeth, secure in the knowledge that as dentists that is all that we are required to do. Although we still use plastic, we must now be aware of the interactions between the temporomandibular joint, occlusion, and sleep disorders, and the global effects that our treatment may have on our patients. Providing treatment for patients suffering from facial pain may seem complicated, but Dr Mehta uses his vast fund of clinical expertise to bring clarity to the diagnosis and treatment of craniofacial and sleep disorders.

The Australian chapter of the AACFP is proud to have Dr Mehta present two days of lectures detailing the relationship between temporomandibular disorders, sleep and occlusion, and the treatment and research outcomes achieved at the Craniofacial Pain Centre. He will also present a full clinical day for 24 participants, who will construct maxillary and mandibular appliances under his direction at the Straumann Centre in Melbourne. Participants will leave with a thorough understanding of the theory of diagnosis and treatment of craniofacial and sleep disorders, and the ability to implement successful treatment on return to their practices.

Dr. Noshir Mehta is the world leader in the field of Craniofacial Pain and it's interrelationship with occlusion. His interdisciplinary therapeutic approach is my model, and I hang on his every word. I feel sorry for the individual who misses the opportunity to learn hands-on from this tremendously gifted gentleman.

Steven R. Olmos, DDS | Founder
TMJ & Sleep Therapy Research



AACP Australian Chapter

ABN: 72 143 552 701

76 Yarrara Road, Pennant Hills NSW 2120. P.O Box 100 Pennant Hills NSW 1715

Email: conference@aacfp.com.au www.aacfp.com.au



Diagnosis and Management of Craniofacial and Sleep Disorders

Course Contents

- Occlusion 2012: Why do we have so many varied occlusal concepts and what is the reality of masticatory function?
- What are the relationships of bruxism and other parafunctional habits as risk factors in masticatory dysfunction?
- What role can a dentist play in management of headaches, neck and face pain and sleep disorders?
- What is the reality of a pain free state?
- What is the role of the neck? Is it important to dental treatment success? Should it be part of all dental examination?
- How do sleep factors affect the patient and what do you need to know to understand the relationship of maxillo-mandibular and cervical inputs in patients with sleep disordered breathing?
- What do pain patterns tell us? How to do a quick but effective analysis of the presenting symptoms and relating those symptoms to clinical signs?
- What are the types of TM Disorders that can or cannot be treated with physical medicine and dental interventions? Can you know this from the initial evaluation?
- What is the reality of bite appliance therapy? What is it good for?
- How and when to incorporate biopsychosocial interventions and medication regimens in the presenting patient?
- How do sleep factors affect the patient and what do you need to know to understand the relationship of maxillo-mandibular and cervical inputs in patients with sleep disordered breathing?
- How to put the concepts of risk indicators into play in your assessment and treatment of the patient?
- How do you decide as to the need for single or combined treatment for the patient?
- Appliance therapy and its role in a multidisciplinary management model for pain and sleep.
- Choosing the right appliance and the right time to use it
- Follow up for management. When, how and why?
- How to put all the pieces in step order?
- Case presentations and discussions

How to Register

Visit <http://www.aacfp.com.au/events.htm> Registration must be completed on line.

Registration fees (please note the currency is Australian Dollar AUD\$)

3 Day Package

Early Bird / Member	Total = \$3350 incl GST
Standard	Total = \$3740 incl GST

2 Day Package

Early Bird / Member	Total = \$1210 incl GST
Non Member	Total = \$1320 incl GST

Early Bird cut-off date is January 15th 2012. *A holding deposit of \$800 will be required for Dentists wishing to attend for the full 3 Days which includes the Hands-on course. Final registration fees are due by February 1st 2012.

Full Registration includes

Entry to all sessions and exhibitions. Morning tea, Afternoon tea and Lunch each day. Conference Bag with work book. 14 - 20 Clinical Hours available for continuing professional development.

The Venue

This conference will be on March 1st and 2nd at the **Melbourne Convention Exhibition Centre, South Wharf**, Melbourne. March 3rd **Straumann Centre**, Port Melbourne.

Accommodation is available at the **Hilton Hotel, South Wharf**.

Rates for the event are: \$235 per room, per night inclusive of breakfast for one. To secure this rate please visit our website www.aacfp.com.au and book using the customised hotel link on the events page.

Cancellation policy: AACFP Australian Chapter reserves the right to cancel any portion of the conference if needed. Should you need to cancel the AACFP must be notified by February 3rd 2012. All cancellations must be received in writing. In this case \$150 will be deducted from your refund. Cancellations after this date will be subject to a 50% fee per attendee.